

SHAC Meeting #2

March 28th, 2023

Agenda

- Welcoming & Opening Remarks
- SHAC Officer Roles & Responsibilities
- Officer Interest Survey
- SHAC Sub-Committees
- Closing



Would You Rather?

Would you rather travel to space or to the
bottom of the ocean?



Group Commitments:

- Remain Solution Driven
- Take Care of Your Needs
- Listen to Others



Review & Approve February Agenda & Meeting Minutes

February 2023 SHAC Meeting Minutes

Remember Our Purpose:

The purpose of the SHAC is to:

Ensure that the school district's school health programs reflect our local community values.

If everyone is
moving
forward
together,
then success
takes care of
itself.

- Henry Ford



SHAC Officer Roles & Responsibilities:

CHAIR (Appointed)

- ★ Determines agendas for regular and other plenary meetings of the SHAC.
- ★ Presides over the meetings and ensures the SHAC procedures are followed.
- ★ Sign letters, reports, and other communications on behalf of the SHAC.
- ★ Ensure that adequate facilities arrangements and staff support are secured for all meetings.
- ★ Provide members and support staff with agendas and background materials prior to meetings.
- ★ Serve as custodian of all SHAC records. Agendas and minutes of regular meetings must be maintained for a minimum of two years. In addition, the Chair shall keep a record of member term expirations and length of member service.
- ★ Promote public awareness of the SHAC and consult a database of persons interested in service as SHAC members.
- ★ Inform Trustees of member vacancies.
- ★ Provide staff support in the development and submission of SHAC's annual report.
- ★ Monitor member attendance, and address possible member conflicts of interest and possible instances of undue advantage.
- ★ Maintain the SHAC website.
- ★ Provide such other assistance as requested in accordance with the SHAC authorizing statute, district policy, and the direction of the Board of Trustees

CO-CHAIR (Designated)

- ★ Must be a non-district employee.
- ★ Must be a parent of a student currently enrolled in BISD.
- ★ With the chair and other officers, determine agendas for regular and other plenary meetings of the SHAC.
- ★ Co-preside over the meetings and ensure the SHAC procedures are followed.
- ★ May be asked to sign letters, reports, and other communications on behalf of the SHAC.
- ★ At times, may serve as a spokesperson for the SHAC for inquiries by stakeholders or for presentations.
- ★ When needed, present progress reports to the Board of Trustees.
- ★ Perform other responsibilities as may be prescribed by the Board of Trustees or their designee.

TEC, Title 2, Chapter. 28, 28.004

CHAIR-ELECT (Designated)

- ★ With the chair and other officers, determine agendas for regular and other plenary meetings of the SHAC.
- ★ Once subcommittees have been established, oversee the membership and operations of the subcommittees (refer to Article Three, Section Four).
- ★ Presiding over meetings of the SHAC in the absence of the chair and/or co-chairs.

SECRETARY (Designated)

- ★ In coordination with other officers, the secretary will collaborate and help determine agendas for regular and other plenary meetings of the SHAC.
- ★ Work with the chair to prepare meeting notices and minutes, and arrange the location of SHAC meetings.
- ★ May preside over meetings of the SHAC in the absence of both the chair and co-chair.

SHAC Officer Roles & Responsibilities

- ★ Requires a 2 year commitment
 - This year being Year 1
- ★ The Co-Chair MUST:
 - Not be employed by the District
 - Have a child currently enrolled in BISD
- ★ The Chair-Elect:
 - Oversee the membership & operations of the subcommittees
- ★ Any Questions?

2022-2023 SHAC Officer Interest
Survey



SHAC Sub-Committees

★ Physical Education

- The local school health advisory council's duties include recommending:
 - The number of hours of instruction to be provided in K-8 health education
 - Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes

★ Adult Well-Being

- The local school health advisory council's duties include recommending:
 - Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to address school employee wellness

★ Substance & Alcohol Abuse

- The local school health advisory council's duties include recommending:
 - Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns regarding instruction on substance abuse prevention

SHAC Subcommittee Interest Survey



SHAC Subcommittee Interest Survey

Please indicate which subcommittee would be your first choice by indicating the topic as your #1 preference, as a #2 for your second preference, and a #3 as your last or third preference.

This form is automatically collecting emails for Bastrop Independent School District users. [Change settings](#)

Physical Education *

1. 1st Preference
2. 2nd Preference
3. 3rd Preference



Thank You!

Thank you for joining us today and
thank you for your attention and
consideration.

SHAC Meeting #1

February 28th, 2023

Agenda

- Welcoming & Opening Remarks
- SHAC Member Roles & Responsibilities
- Overview of 2021-2022
- Identify Goals for 2022-2023
- Closing





What is the scariest thing you've ever
done for fun?

Please share! :)

Group Commitments:

- Remain Solution Driven
- Take Care of Your Needs
- Listen to Others



Review & Approval of March 2022 Meeting Agenda & Minutes

March 2022 SHAC Meeting Minutes

Remember Our Purpose:

The purpose of the SHAC is to:

Ensure that the school district's school health programs reflect our local community values.

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- Henry Ford

Who Are the SHAC Members?

- Law Enforcement
- Counselors and/or Social Workers
- Child Nutrition
- School Nurse
- Community Members
- Local Business Owners
- Parents
- Representatives From Local Agencies



Characteristics Of A SHAC Member

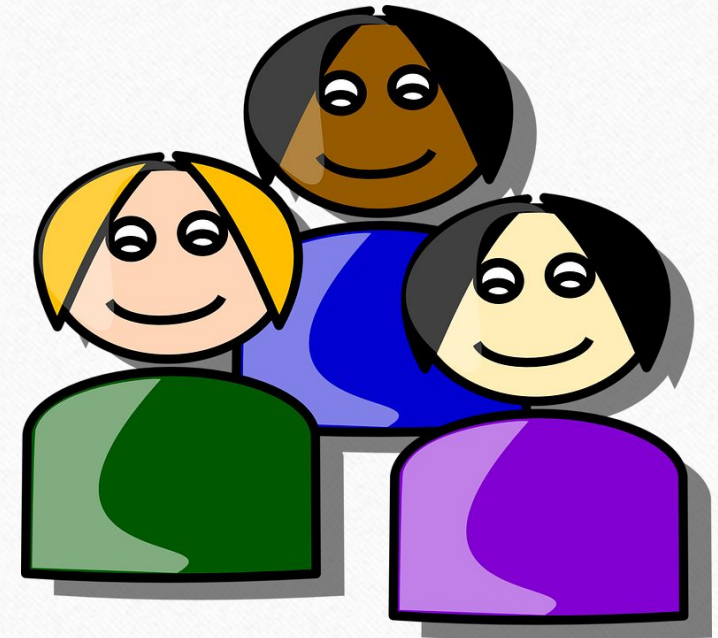
Honesty

Trustworthiness

Dependability

Commitment

Ethical Behavior



Member Roles & Responsibilities

Roles:

- Take a Whole School, Community, and Child approach to health & learning.
- Talk over health issues, select programs, and provide training time to members.
- Make school health recommendations to the school board and help to offset costs.
- Promote school health coordination within the district & community.

Responsibilities:

- Demonstrate an interest in youth.
- Have an awareness of our community.
- Commit to quality school health programs.
- Commit to at least four meetings per year.
- Make decisions that serve the entire community.

Overview of 2021-2022



- Increase Parent & Community Participation
- Explore Health Education Curriculum
- Provide Drug Prevention Education For All Grades
- Incorporate Internet Safety For All Grades



Accomplishments: 2021-2022 School Year

The Mission:

The mission of the BISD SHAC is to enable students to learn in a healthy and safe educational environment that focuses on the whole child while fostering a growth mindset.

The Vision:

Provide a safe and supportive space for academic and social emotional growth.



- ★ **Define a shared Vision & Mission**
- ★ **Schedule a minimum of four SHAC meetings**
- ★ **Hold a SHAC Officer election**
- ★ **Utilize data to develop SHAC priorities**
- ★ **Develop the SHAC bylaws**
- ★ **Adhere to SB 9 and the Child Safety Requirements**

Goals for 2022-2023 School Year

- Determine SHAC Members ✓
- Determine SHAC Officers
- Drug Prevention Program
- SB 9 Educational Program
- Board Proposal Date



Proposed Meeting Dates:

Tues., March 28th

Tues., April 25th

Tues., June 13th



Thank you!

“If you put your mind to it, you can accomplish anything.”

Marty McFly from Back to the Future

JANUARY MAKEUP MEETING DATE

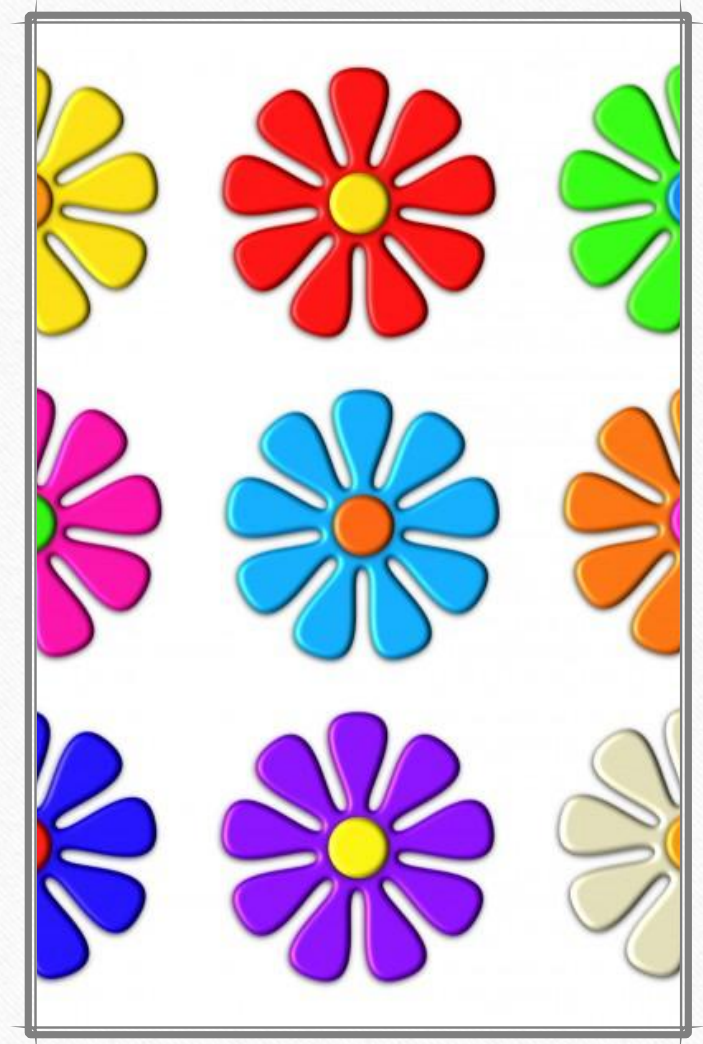
Tuesday

March 29th

2022

BISD Service Center

4:15PM



SHAC Meeting

February 21st, 2022

Welcome back!

Thank you for being
here and for your
support of our BISD
community!



Agenda

- Review & Approve November Meeting Minutes
- Announcement of the BISD SHAC Officers
- Final Mission & Vision Statement
- Review & Compare Personal Safety Options
- Proposal Of January Meeting Make Up Day





Quick Connect!

If you were a Girl Scout Cookie, what kind would you be and why?

Mission & Vision Statements

Mission (The what and the way)
Vision (The dream)

Mission (The what and the why)

SHAC Officer Interest Survey

Roles & Responsibilities



SHAC OFFICERS



Mission & Vision Statements

Mission (The what and the why)

The mission of the BISD SHAC is to enable students to learn in a healthy and safe educational environment that focuses on the whole child while fostering a growth mindset.

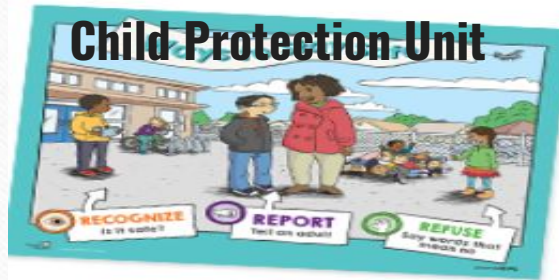
Vision (The dream)

1. To promote a healthy school community where students are safe and supportive.
2. Provide a safe and supportive space for academic and social emotional growth.
3. The BISD SHAC will help children and youth reach a healthy, safe and happy lifestyle by being student-centered and solution driven.

Senate Bill 9 requires students to be exposed to instruction pertaining to child abuse, family violence, dating violence, etc.



- Age appropriate education
- Video format
- Multiple classes can be taught a day



- Research Based
- Includes Family Materials
- Already Have (PK-5th)
- Teaches Students To Recognize, Respond To, & Report Abuse
- Provides A Multi-Layered Approach



- Strengths-Based
- Youth-Centered
- Trauma-Informed
- Equips students with skills
- Provides holistic education

Data Dig



- Age appropriate education
- Video format
- Multiple classes can be taught a day



- Trauma informed collaboration
- Mitigates negative effects of trauma on children/teens



- Lead
- Online Courses
- DARE
- What Else?



- Digital Citizenship Lessons
- Attorney General's Office

JANUARY MAKEUP MEETING DATE

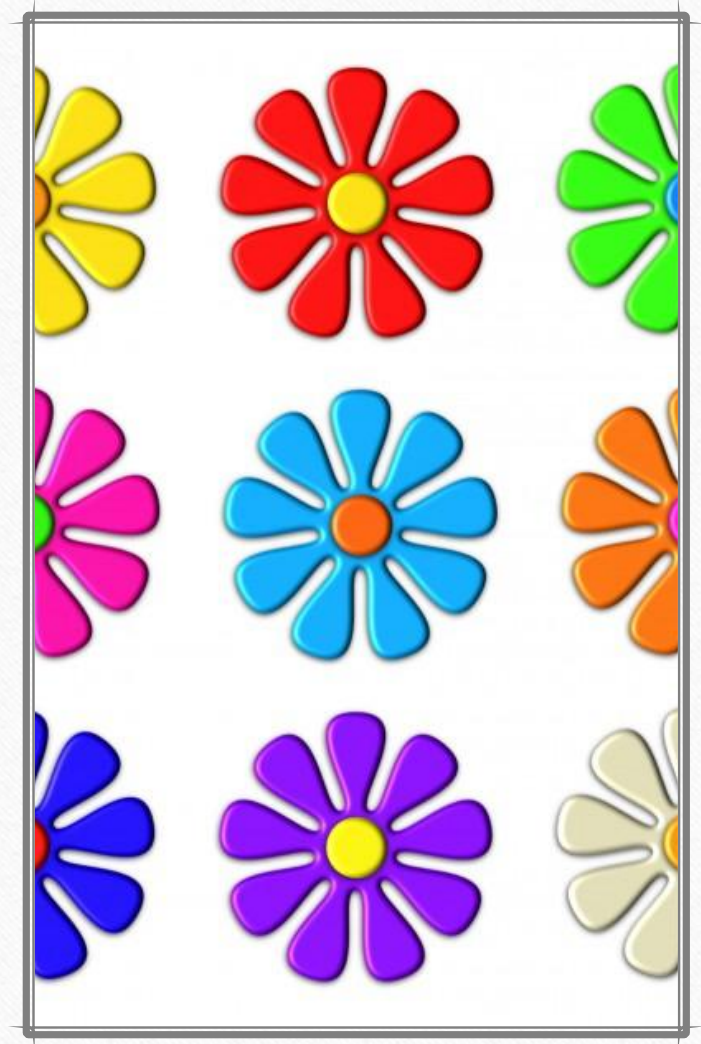
Tuesday

March 29th

2022

BISD Service Center

4:15PM



Thank you!

“A positive mindset brings positive things.”

-Philipp Reiter